

Fixed vs. Variable Expenses Extension Activity for Real Cost – Real Life Presentation

Grade Level:

• Grade 7

Learning Objective:

This extension activity, along with the *Real Cost – Real Life* presentation should help students:

- identify common household expenses
- define fixed expense, variable expense and irregular expense

Materials Needed:

- whiteboard
- whiteboard marker
- Fixed, Variable, or Irregular Expense? worksheet (1 per student)
- pencils (1 per student)

Lesson Plan:

1. Ask students the following question: What are some things your family spends money on? Write answers on the whiteboard. If students have difficulty answering, provide them with some examples from the list below:

Common household expenses

 rent/mortgage payments 	o car maintenance (e.g. oil changes)
o utilities (heat, water, electricity)	o gasoline
o internet	o phone
o groceries	o gifts
o eating out	o entertainment (e.g. movies, concerts)
o clothes	o toiletries (e.g. toothpaste, shampoo)
o haircuts	o medicine / healthcare
o car insurance	o cable
o car payments	o vacations/travel
o property taxes	 charitable donations



2. Share with students, expenses fall into three categories:

fixed expense	costs that occur each period and the amounts
	do not change from one period to the next
	(e.g. rent or mortgage payment)
variable expense	costs that occur each period and the amounts
	change from one period to the next (e.g.
	groceries)
irregular expense	costs that do not occur on a consistent basis
	(e.g. car maintenance)

- 3. Distribute the Fixed, Variable, or Irregular Expense? worksheet and pencils to students
- 4. Review the answers with students after they have completed the worksheet



Fixed, Variable, or Irregular Expense?

Fixed Expenses	Variable Expenses	Irregular Expenses
Costs that occur each period and	Costs that occur each period and	Costs that do not occur on a
the amounts do not change from	the amounts change from one	consistent basis
one period to the next	period to the next	(e.g. holiday gifts)
(e.g. mortgage payment)	(e.g. groceries)	

Read each item and decide if a fixed, variable, or irregular expense is being described. Write the word *fixed*, *variable* or *irregular* on each line.

1.	Angela makes a \$300 car payment each month	
2.	Ken paid \$50 to get the oil in his car changed	
3.	Patrick pays a flat rate of \$75 for Internet each month	
4.	Amy paid \$150 to the dentist to get her teeth cleaned	
5.	At Christmas, Elizabeth spent \$300 on presents for her family	
6.	Sarah normally pays \$50 / month for her cell phone	
	However, some months she exceeds her data plan	
	and pays more	
7.	Dustin usually cuts his own hair. However, this time he	
	decided to go to a hair dresser and paid \$25 for a haircut	
8.	Paula pays \$75 for skating lessons each month	
9.	The amount of money Clare spends on eating out each month	
	varies depending on what restaurants she goes too	



Fixed, Variable, or Irregular Expense? Answer Key

Fixed Expenses	Variable Expenses	Irregular Expenses
Costs that occur each period and	Costs that occur each period and	Costs that do not occur on a
the amounts do not change from	the amounts change from one	consistent basis
one period to the next	period to the next	(e.g. holiday gifts)
(e.g. mortgage payment)	(e.g. groceries)	

Read each item and decide if a fixed, variable, or irregular expense is being described. Write the word *fixed*, *variable* or *irregular* on each line.

1.	Angela makes a \$300 car payment each month	fixed
2.	Ken paid \$50 to get the oil in his car changed	irregular
3.	Patrick pays a flat rate of \$75 for Internet each month	fixed
4.	Amy paid \$150 to the dentist to get her teeth cleaned	irregular
5.	At Christmas, Elizabeth spent \$300 on presents for her family	irregular
6.	Sarah normally pays \$50 / month for her cell phone	
	However, some months she exceeds her data plan	
	and pays more	variable
7.	Dustin usually cuts his own hair. However, this time he	
	decided to go to a hair dresser and paid \$25 for a haircut	irregular
8.	Paula pays \$75 for skating lessons each month	fixed
9.	The amount of money Clare spends on eating out each month	
	varies depending on what restaurants she goes too	variable